



Trysil is Norway's largest and oldest ski resort, holding ski races for more than 150 years. This ski resort is also one of the best for family skiing holidays. Blue runs and black runs often lie side by side, meaning groups of mixed abilities can ski together without needing to split up. Trysil is also famous for the Trysilfjellet, which is a volcano-shaped mountain offering 360 degrees of skiing. This is fantastic, as it means you can chase the sun round the mountain throughout the day. The ski resort also has one of the best lift systems in Europe, meaning it's very easy to reach the slopes and get skiing.

Top Runs

- **Blåparken** – This blue run has two parallel slopes, which include small jumps as well as simple rails and boxes for intermediates.
- **No. 75** – The most difficult run in the ski resort, the slope is a challenging 45°, making it incredibly steep.
- **Valley Run** – A collection of slopes 1, 10, 61, 19 and 39, this valley run takes you all the way to Trysil for a 5.4km long ski.



Best for Après Ski

- **Bar Trysil**
A wonderful Gastropub, Bar Trysil has delicious in-house brewed beers. The food is also excellent if you wish to stay and eat too.
- **FLYYT**
The world's smallest après ski in Trysil. Enjoy cosy vibes, great food and drinks – a perfect spot to wind down after a day on the slopes.
- **Skipuben**
If you're looking for a relaxed atmosphere with nice music and friendly staff, then Skipuben is for you. The ambience creates a great place to enjoy a drink.

Recommended Restaurants

- **Happy Faces**
For great burgers and chips after a day skiing, Happy Faces is the place to go.
- **La Pasteria Trysil**
A delicious Italian restaurant, expect freshly made pasta and hand-selected wines. The wonderful service creates both a friendly and comfortable atmosphere.
- **TASTE Mat & Vinhus**
This restaurant offers an amazing culinary experience. If you're a wine enthusiast then you should definitely make a visit.